

Superior care close to home.



GO-LYTELY PREP

1. Take 1 ounce of Milk of Magnesia every day for 4 days prior to exam.
2. On the **day before the exam:**
 - A. **Early Morning:** Fill jug with water to line, shake well to mix, and put in refrigerator.
 - B. Regular Breakfast, Light Lunch, and then Clear Liquids only (See below).
 - C. **Start drinking Go-Lytely at 4:00 p.m.** Drink one 8 ounce glass of solution every 10 minutes. Continue drinking until entire contents are consumed. A loose, watery bowel movement should result in about one hour.
3. **Day of Exam:** Nothing to eat or drink after midnight the night before. Be at the hospital at _____ a.m. and report to the nurses' station. You will be there for most of the morning and will need someone to drive you home.

CLEAR LIQUIDS: No solids or milk products. You may have coffee tea, apple juice, clear broths, or jello (no red jello) with nothing in it.